

Pre-treatment Instructions for Root Canal Treatment and Retreatment

Thank you for choosing our office and welcome to **Endodontic Excellence**.
To ensure the success of your visit, please carefully follow the guidelines below:

Diet:

- Eat a full breakfast or lunch before your appointment to maintain normal blood glucose levels.
- Avoid caffeinated beverages such as coffee, as they may elevate your heart rate and blood pressure.

Medications:

- Take your routine medications, including aspirin therapy, unless instructed otherwise by our doctor.
- **Do not take pain medications** (e.g., Ibuprofen, Advil®, Motrin®, Aleve®) prior to your visit, as they may mask symptoms and hinder accurate diagnosis.

Antibiotic Prophylaxis:

- If you require prophylactic antibiotics for a prosthetic heart valve or orthopedic prosthesis (e.g., artificial hip, knee, or elbow), please call our office for instructions prior to your appointment.

Patients Under 18:

- All patients under the age of 18 must be accompanied by a parent or legal guardian at each visit.

Office Hours:

- We are open **Monday to Friday, 8:30 AM – 5:00 PM**. After hour calls and texts will be answered! Please contact us if you have any questions
- Emergency cases may occasionally cause delays, and we will keep you informed if this occurs.

We look forward to being of service to you.

If you have any questions, please do not hesitate to call us at **703-429-9926** or email info@endoreston.com.